



Welcome to Hightop Health

Hightop Health is the premier outpatient mental health group committed to setting the standard for what better mental health care looks like. Hightop's mission is to change lives with comprehensive, evidence-based, integrated mental health care, while creating an inspiring and innovative workplace culture that is both clinician-centric and patient outcome-driven. We believe everyone deserves access to mental health care that works—provided by top-tier clinicians who truly care—and treatment plans as unique as our patients, even for the most challenging of conditions.



Integrative, individualized care

We don't approach mental health as a one-size-fits-all model—we create a personalized plan for each patient.



Evidence-based and cutting-edge treatments

We consider all the tools available, including innovative and proven treatments from our clinical research.



Top-tier clinical teams

We hire providers with unmatched expertise, which allows us to diagnose and treat even the most complex mental health conditions.

Psych Atlanta

Psych Atlanta is a leading outpatient psychiatric practice that offers traditional and forward-thinking therapies in an accessible, welcoming, and open-minded setting.

Specialized Services

Hightop Health's Intensive Outpatient Program (IOP) offers immersive treatment options for patients with major depressive disorder and anxiety disorders.

Georgia Psychiatry & Sleep

Georgia Psychiatry & Sleep provides a complete approach to mental health and wellness for the treatment of psychiatric illnesses and comprehensive care of their patients.

Inspiring hope for *lasting* healing.

At Hightop Health, we go well beyond the “checking-the-box” kind of care that doesn’t work for everyone. We are committed to treating the whole person, while ensuring seamless and supportive specialty care. Because everyone deserves access to individualized and comprehensive mental health care that works, provided by clinicians who truly care.



Why Patients Choose Hightop Health Clinics

Transformative Treatments

No matter how challenging a patient’s mental health condition is, they can rely on our clinicians to leverage the expertise within our network to develop the best possible treatment plan.

Inspiring Innovation

Hightop Health's Centers of Excellence specialize in industry-leading, cutting-edge research and advance treatment options for complex and challenging mental health conditions.

Comprehensive Care

Our clinicians and support staff care deeply about each patient’s mental health journey and work to create a seamless and supportive end-to-end experience for patients and loved ones alike.

Conditions We Treat

- ✓ Anxiety
- ✓ Depression
- ✓ Attention Deficit/Hyperactivity Disorder (ADHD)
- ✓ Insomnia
- ✓ Schizophrenia
- ✓ Post-Traumatic Stress Disorder (PTSD)
- ✓ Obsessive-Compulsive Disorder (OCD)
- ✓ Bipolar Disorder

Care We Provide

- Integrative Psychiatry
- Intensive Outpatient Program (IOP)
- Ketamine Therapy
- Medication-Assisted Treatment (MAT)
- Sleep Disorders
- SPRAVATO® (Esketamine) Therapy
- Transcranial Magnetic Stimulation (TMS)
- Psychiatric Medication Management
- Psychotherapy
- Psychiatric Diagnostic Assessments



Start Your Journey Today
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