



Hightop Health

BETTER MENTAL HEALTH CARE



Better Mental Health Starts Here.

Personalized, evidence-based treatment from a compassionate team of experts, committed to helping you find lasting healing—for good.

Georgia



- 📍 **Psych Atlanta**
Marietta | Roswell | Johns Creek | Cartersville | Telemed
- 📍 **Georgia Psychiatry & Sleep**
Smyrna | Douglasville | Telemed
- 📍 **Hightop Health Intensive Outpatient Program**
Baltimore Block

Texas



- 📍 **Roots Behavioral Health**
Downtown Austin | Lost Creek | Northland | Telemed

We partner with trusted local clinics that share our commitment to compassionate, high-quality care—so you benefit from familiar, community-based support backed by the strength of a nationwide mental health network.

Mental Health Care That's Connected, Compassionate, And Built Around You.

Hightop Health is a premier outpatient mental health group led by top-tier clinicians with a comprehensive approach to delivering life-changing treatments. We believe mental health care should be personalized, integrative, and accessible. That means providing a full spectrum of outpatient mental health services that work, by people who listen. Our clinicians partner with you to build a care plan that supports every part of your mental health journey.

Serving Communities Through:

- Clinical Research Trials
- Integrative Psychiatry
- Intensive Outpatient Program (IOP)
- Ketamine Therapy
- Psychiatric Clearance Exams
- Psychiatric Diagnostic Assessments
- Psychiatric Medication Management
- Psychotherapy
- SPRAVATO® (Esketamine) Therapy
- Transcranial Magnetic Stimulation (TMS)

+ More



Whether you're exploring therapy for the first time or looking for support that goes deeper, we provide advanced treatments that meet you where you are—no matter your starting point.

What Sets Us Apart:

- Individualized care plans tailored to your unique needs, goals, and preferences
- Comprehensive services including therapy, psychiatry, medication management, and more
- Clinician-led care teams focused on collaboration, compassion, and evidence-based approaches
- Interventional treatments for depression, anxiety, and other complex needs
- Community-based clinics backed by the expertise and support of a trusted nationwide network

Personalized Treatment. Proven Outcomes.

At Hightop Health, we provide compassionate, evidence-based care for a wide range of mental health conditions—including those that may have felt difficult to treat in the past. Our mission is to help you find real relief, restore hope, and feel confident that better mental health is possible.

We Treat:

- Anxiety
- Attention Deficit/Hyperactivity Disorder (ADHD)
- Bipolar Disorder
- Depression
- Insomnia
- Obsessive-Compulsive Disorder (OCD)
- Postpartum Depression
- Post-Traumatic Stress Disorder (PTSD)
- Schizophrenia

+ More

Don't know where to start? Our intake team is here to help you find the right clinician, program, or next step.

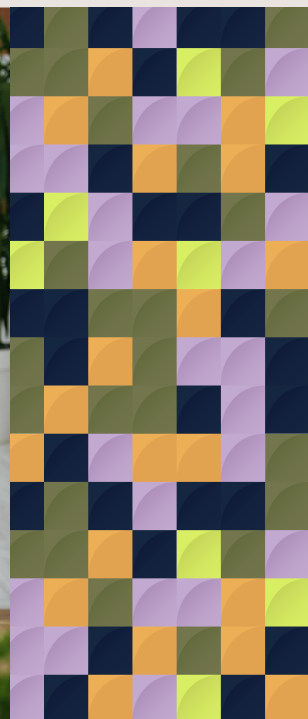
We proudly accept most major insurance plans, making it easier for you to access the care you deserve. Our team can help verify your coverage and walk you through flexible payment options, if needed.



Let's Take the First Step—Together.

No matter your needs or where you are in your journey, you deserve care that's compassionate, connected, and centered on your well-being.

Our clinician-led teams are committed to treating the whole person, not just the symptoms. Together, we'll build a care plan that supports long-term healing and mental wellness.



We're Setting The Standard For
Better Mental Health Care.



Get Care Today:
hightophealth.com

Hightop Health, LLC provides non-clinical administrative and business support services to independently owned and operated physician practices.

