



# Hightop Health

BETTER MENTAL HEALTH CARE



## Better Mental Health Care Starts With Better Partnerships.

*Delivering compassionate, evidence-based care across the Southeast through our growing family of practices.*

### Georgia



- 📍 **Psych Atlanta**  
Marietta | Roswell | Johns Creek | Cartersville | Telemed
- 📍 **Georgia Psychiatry & Sleep**  
Smyrna | Douglasville | Telemed
- 📍 **Hightop Health Intensive Outpatient Program**  
Baltimore Block

### Texas



- 📍 **Roots Behavioral Health**  
Downtown Austin | Lost Creek | Northland | Telemed

We partner with respected local practices that share our values of clinical excellence and compassionate care—allowing us to maintain trusted, community-rooted relationships while building a unified, nationwide standard for better mental health.

# Built On Clinical Integrity. Committed To Collaborative Care.

At Hightop Health, a clinician-centric mental health collective, we provide collaborative, evidence-based care that supports patients throughout their mental health journey. We partner with referring providers as part of our integrative approach to offering the comprehensive mental health care patients deserve, while ensuring seamless coordination, timely communication, and personalized treatments for every patient referred—because delivering better mental health outcomes starts with trusted clinical partnerships.

## Serving Communities Through:

- Clinical Research Trials
- Integrative Psychiatry
- Intensive Outpatient Program (IOP)
- Ketamine Therapy
- Psychiatric Clearance Exams
- Psychiatric Diagnostic Assessments
- Psychiatric Medication Management
- Psychotherapy
- SPRAVATO® (Esketamine) Therapy
- Transcranial Magnetic Stimulation (TMS)

**+ More**



With a strong emphasis on directive therapies, integrative approaches, and evidence-based treatments, we create customized care plans that support real, lasting healing.

We accept most major health insurance plans to ensure accessible, coordinated care for your patients across all levels of need. Our team is happy to assist patients with verifying their benefits and discussing financial options if needed.

## What Sets Us Apart:

- Real-time outcomes tracking and measurement-informed treatment
- Multidisciplinary collaboration between therapists and prescribers
- Seamless transitions between outpatient and intensive care levels
- On-site access to interventional treatments (varies by location)
- Timely appointment availability and streamlined communication



# Partner With Us. We'll Take It From Here.

As part of our mission to provide innovative, patient-centered mental health care that leads to lasting healing, we value partnership and are committed to fostering communication and collaboration between our clinicians and referring providers. This allows us to offer more comprehensive care and more advanced therapies beyond “checking-the-box” care that doesn’t work for everyone.

## Reasons To Refer:



### Continuum Of Care

In order to provide the best patient experience possible, we create systems that are easy to navigate for patients and clinicians alike.



### Outcomes-Driven Treatment

We use an integrative approach to care, combining a wide range of both longstanding and novel treatments to build individualized treatment plans for each patient.



### Clinical Collaboration

We consider you a partner as we determine the best course of action for your patient—and we’ll keep you updated throughout the process.

We believe communication with referring providers is essential to a patient’s success. Our process is simple, secure, and centered on patient experience.

## How To Refer:

**Online:** [hightophealth.com/refer](https://hightophealth.com/refer)

**Email:** [referrals@hightophealth.com](mailto:referrals@hightophealth.com)

## The Hightop Health Referral Philosophy

When providers work together, patients win. That’s why we prioritize seamless communication and continuity of care at every step.



# Comprehensive Care. Transformative Treatments.

Hightop Health clinics offer patients groundbreaking solutions for many of the most complex and challenging mental health conditions. Our mission is to inspire trust and hope in patients that they can finally find a treatment for any condition—that *works*.

## We Treat:

- ⦿ Anxiety
- ⦿ Attention Deficit/Hyperactivity Disorder (ADHD)
- ⦿ Bipolar Disorder
- ⦿ Depression
- ⦿ Insomnia
- ⦿ Obsessive-Compulsive Disorder (OCD)
- ⦿ Postpartum Depression
- ⦿ Post-Traumatic Stress Disorder (PTSD)
- ⦿ Schizophrenia

**+ More**

## We're Setting The Standard For *Better Mental Health Care.*

When you refer to Hightop Health, you're connecting your patients to an integrated care experience grounded in collaboration, compassion, and clinical excellence. Let's work together to ensure every patient receives the care they deserve.



**Refer Today:**  
**[hightophealth.com/refer](https://hightophealth.com/refer)**

Hightop Health, LLC provides non-clinical administrative and business support services to independently owned and operated physician practices.

