



A Hightop Health Clinic



MAY IS MENTAL HEALTH AWARENESS MONTH

# Help Patients Navigate Life's Changes With Confidence And Care.

As an OB-GYN, your patients trust you through some of the most vulnerable and pivotal moments in their lives—including hormonal shifts, fertility challenges, pregnancy, postpartum, and menopause. Mental health challenges often emerge or intensify during these transitions, and your role makes you uniquely positioned to intervene early.

This May, partner with us to provide whole-person care. Together, we can ensure individuals navigating reproductive life stages and beyond have access to the evidence-based mental health services they need.

**Together, we connect more patients to the care they deserve.**



**Refer A Patient Today:**  
[hightophealth.com/refer](https://hightophealth.com/refer)

