



Hightop Health

BETTER MENTAL HEALTH CARE



MAY IS MENTAL HEALTH AWARENESS MONTH

Prioritize *You* This Season.

This month is a powerful reminder: your mental health matters. Whether you're feeling stuck, overwhelmed, or all hope is lost, you're not alone—and you're not out of options.

At Hightop Health, we specialize in care for people who haven't found relief through traditional treatments. From therapy and medication management to advanced interventional options like ketamine and intensive outpatient care, we offer real support for real change—and lasting healing.

Treatments designed to support your healing, on your terms.



Get Started Today:

hightophealth.com/get-care