



# Welcome To Hightop Health

Where you can refer your patients with confidence.

Hightop Health provides life-changing mental health solutions for patients—not the "checking-the-box" kind of care that produces less-than-ideal outcomes. We are committed to treating the whole person, while ensuring seamless and supportive specialty services.

When you refer your patients to one of our clinics, you can rest assured that they'll receive individualized and comprehensive mental health care that works, provided by clinicians who truly care.



Psych Atlanta is a leading outpatient psychiatric practice that offers traditional and forward-thinking therapies in an accessible, welcoming, and open-minded setting.

#### **Specialized Services**

Hightop Health's Intensive Outpatient Program (IOP) offers immersive treatment options for patients with major depressive disorder and anxiety disorders.



Georgia Psychiatry & Sleep provides a complete approach to mental health and wellness for the treatment of psychiatric illnesses and comprehensive care of their patients.

## Why Hightop Health?



Individualized



Top-Tier Clinical Teams



Treatment That Works



Specialty Care



Comprehensive Care Experience



Evidence-Based Treatments

### Care We Provide

Hightop Health is leading the way for better mental health care. Our mission is to inspire trust and hope in patients that they can finally find a treatment for any condition—that works.

- Integrative Psychiatry
- Intensive Outpatient Program (IOP)
- Ketamine Therapy
- Medication-Assisted Treatment (MAT)
- Sleep Disorders
- SPRAVATO® (Esketamine) Therapy
- Transcranial Magnetic Stimulation (TMS)
- Psychiatric Medication Management
- Psychotherapy
- Psychiatric Diagnostic Assessments

#### Inspiring Hope For Lasting Healing

As part of our mission to provide innovative, patient-centered mental health care, we value collaboration among our clinicians and referring providers. By referring your patients to Hightop Health's clinics, you can feel confident in their continued care, knowing we stay at the forefront of transformative treatment modalities.

- Our diverse team of expert clinicians are trusted to leverage longstanding and novel solutions—backed by cutting-edge explorations—to develop the best possible treatment plans, with compassion and understanding.
- We provide comprehensive, collaborative care beyond the standard, one-size-fits-all approach to mental health care by addressing each problem at its root and delivering personalized treatment plans to meet each individual's unique needs.
- Our Centers of Excellence specialize in some of the most sought-after, industry-leading research and advanced treatment options for the most complex and challenging mental health conditions.





### **Conditions We Treat**

We believe transformative treatment by top-tier clinicians who care should be accessible to everyone at any stage of their journey—no matter how simple or complex their condition.

- Anxiety
- ✓ Depression
- ✓ Insomnia
- ✓ Schizophrenia
- Bipolar Disorder
- ✓ Post-Traumatic Stress Disorder (PTSD)
- ✓ Obsessive-Compulsive Disorder (OCD)
- Attention Deficit/Hyperactivity Disorder (ADHD)

## **About Hightop Health**

Hightop Health is the premier outpatient mental health group committed to setting the standard for what better mental health care looks like. Hightop's mission is to change lives with comprehensive, evidence-based, integrated mental health care, while creating an inspiring and innovative workplace culture that is both clinician-centric and patient outcome-driven. We believe everyone deserves access to mental health care that works—provided by top-tier clinicians who truly care—and treatment plans as unique as our patients, even for the most challenging of conditions.

Learn more at:

#### **HIGHTOPHEALTH.COM**

Hightop Health, LLC provides non-clinical administrative and business support services to independently owned and operated physician practices.

